Gravitational wave signals from the early universe

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Phenomenology before and after the Standard Model. Madison, June 5 2025



Pheno in my memory



Remarkably time translation invariant!



Pheno at UW, where my career was launched My time here: 2002-2004

Colliders at the energy frontier



Mad(ison)graph

Colliders at the energy frontier

. . .



 \dots SppS \Rightarrow LEP \Rightarrow Tevatron \Rightarrow LHC \dots

Discoveries: W/Z, top, Higgs

Hoping to address: UV completion of SM Dark matter

Mad(ison)graph

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I have been lucky to be part of these excitements

This talk

- Gravitational wave and early universe
 - * Motivation
 - * A coupling simple stories

A field which will have a lot data, will see tremendous advances in the coming decades.













GW Discoveries







LIGO











Typically, need something quite dramatic.



A few stories

(Primary) GW from phase transition

Secondary GW from spectator scalar

A few stories

(Primary) GW from phase transition

Secondary GW from spectator scalar



1st order phase transition

Phase transition is 1st order, and spectator sector does not dominate energy density:

$$S_4(t) \simeq S(t_*) + \beta(t_* - t) + \dots \qquad \beta^4 \ll m_\sigma^4 \ll 3M_{\rm Pl}^2 H^2$$



$$\beta^{-1} \sim r_{\text{bubble}} \ll H^{-1}$$

 $t_{\rm bubble\ collision} \sim r_{\rm bubble} \ll H^{-1}$

An instantaneous source of GW.







$$\begin{split} \Omega_{\rm GW}^{\rm max} &\sim \Omega_R \times \left(\frac{\Delta \rho_{\rm vac}}{\rho_{\rm inf\star}}\right)^2 \times \left(\frac{H_\star}{\beta}\right)^5 \tilde{\Delta} \times F(H_\star/H_r, a_\star/a_r, \cdots) \\ &\approx 10^{-13} \times \left(\frac{\Delta \rho_{\rm vac}/\rho_{\rm inf\star}}{0.1}\right)^2 \times \left(\frac{H_\star/\beta}{0.1}\right)^5 \end{split}$$

A few stories

(Primary) GW from phase transition

Secondary GW from spectator scalar



In addition to the inflaton, many other fields have quantum fluctuations

Example: secondary GW



Baumann, Steinhardt, Takahashi, hep-th/0703290

Modes enter horizon during RD, starts oscillate, and generates GW

Evolution of fluctuations: small vs large scales



A spectator light scalar

R. Ebadi, S. Kumar, A. McCune, H. Tai, LTW 2023

$$\mathcal{L} = \frac{1}{2} (\partial \sigma)^2 - \frac{1}{2} m^2 \sigma^2 - \frac{\lambda}{4} \sigma^4 \qquad \text{with} \ m < H$$

Fluctuation in σ will generate curvature perturbation

 \Rightarrow GW

Blue tilt



At horizon exit: Amplitude \approx H

After exit, damping $\dot{\sigma} = -\frac{m_{\sigma}^2\sigma}{3H}$

Blue tilt



At horizon exit: Amplitude \approx H

After exit, damping $\dot{\sigma} = -\frac{m_{\sigma}^2 \sigma}{3H}$

$$\sigma_k(t) = \sigma(t_*) \exp\left(-\frac{m_{\sigma}^2}{3H}(t - t_*)\right) = \sigma(t_*) \left[\exp\left(-H(t - t_*)\right)\right]^{\frac{m_{\sigma}^2}{3H^2}} = \sigma(t_*) \left[\frac{k(t)}{H}\right]^{\frac{m_{\sigma}^2}{3H^2}}$$

More damping for longer wave-length (earlier exit)

Power spectrum



Assuming the scalar behave similar to curvaton. Becoming important before decay. Assumption: scalar field does not dominate (more later)

Secondary GW



Just an example to show the spectrum, other frequency/signal strength possible

Complex scalar

Soubhik Kumar, Hanwen Tai, LTW, 2410.17291











More stories

Topological defects:

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Y. Bao, K. Harigaya, LTW, 2407.17525

Axion rotation and kination:

K. Harigaya, K. Inomata, 2309.00228

Features of inflaton potential

J. Fumagalli, G. Palma, S. Renaux-Petel, S. Sypsas, L. T. Witkowski, and C. Zenteno 2111.14664 Y.-F. Cai, J. Jiang, M. Sasaki, V. Vardanyan, and Z. Zhou 2105.12554

Conclusions

- * SM is complete. But new physics is clearly needed. We are in the "after the SM" era.
- * One place where new physics happens is early universe: inflation, dark matter, baryon asymmetry.

Conclusions

- Gravitational wave offers a new and unique window into early universe.
 - Inflationary dynamics, phase transitions, defects, ...
- * Beginning of a new era. More exciting work ahead.

Beginnings of exciting times

E. Lawrence



A. Penzias and R. Wilson



AP

LBNL

Beginnings of exciting times

E. Lawrence



A. Penzias and R. Wilson



AP

LBNL

We are at a similar historical juncture for gravitational waves

Extra

From topological defects

H. An and C. Yang, 2304.02361



Domain wall from a 2nd order phase transition as source for GW.

Stochastic method

The spectrum of its fluctuation on large scales can be studied by stochastic method

Starobinsky and Yokoyama, 1994

$$= \left(\frac{\partial P_{\rm FP}(t,\sigma)}{\partial t} = \left(\frac{V''(\sigma)}{3H} + \frac{V'(\sigma)}{3H}\frac{\partial}{\partial\sigma} + \frac{H^3}{8\pi^2}\frac{\partial^2}{\partial^2\sigma}\right)P_{\rm FP}(t,\sigma)$$

Fokker-Planck

 $P_{\rm FP}(t,\sigma)$: 1-pt PDF for field σ

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Classical evolution, drift

 $P_{\text{FP}}(t, \sigma)$: 1-pt PDF

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Classical evolution, drift Stochastic, diffusion

 $P_{\text{FP}}(t, \sigma)$: 1-pt PDF

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R. Ebadi, S. Kumar, A. McCune, H. Tai, LTW 2023

$$\mathcal{L} = \frac{1}{2} (\partial \sigma)^2 - \frac{1}{2} m^2 \sigma^2 - \frac{\lambda}{4} \sigma^4 \qquad \text{with} \ m < H$$



$$\mathcal{P}_f(k) = \sum_n \frac{2}{\pi} f_n^2 \Gamma\left(2 - 2\frac{\Lambda_n}{H}\right) \sin\left(\frac{\Lambda_n \pi}{H}\right) \left(\frac{k}{H}\right)^{2\Lambda_n/H} \quad \to \mathscr{A}\left(\frac{k}{H}\right)^{\frac{2\Lambda_{\text{lowest}}}{H}} \text{ for } k \ll H$$

Starobinsky and Yokoyama, 1994; Markkanen, Rajantie, Stopyra, Tenkanen, 1904.11917

Blue tilt



At horizon exit: Amplitude \approx H

After exit, damping $\dot{\sigma} = -\frac{m_{\sigma}^2 \sigma}{3H}$

For more general scalar theory

$$\mathcal{P}_f(k) = \sum_n \frac{2}{\pi} f_n^2 \Gamma\left(2 - 2\frac{\Lambda_n}{H}\right) \sin\left(\frac{\Lambda_n \pi}{H}\right) \left(\frac{k}{H}\right)^{2\Lambda_n/H} \quad \to \mathscr{A}\left(\frac{k}{H}\right)^{\frac{2\Lambda_{\text{lowest}}}{H}} \text{ for } k \ll H$$



Eventually, evolve like matter

Can become important



$$\Delta_{\zeta}^{2}(k) = \begin{cases} \Delta_{\zeta_{r}}^{2}(k) + \left(\frac{f_{\sigma}(t_{d})}{4+3f_{\sigma}(t_{d})}\right)^{2} \Delta_{S_{\sigma}}^{2}(k), \ k < k_{d}, \\ \Delta_{\zeta_{r}}^{2}(k) + \left(\frac{f_{\sigma}(t_{d})(k_{d}/k)}{4+3f_{\sigma}(t_{d})(k_{d}/k)}\right)^{2} \Delta_{S_{\sigma}}^{2}(k), \ k > k_{d} \end{cases}$$

More general scenario

Soubhik Kumar, Hanwen Tai, LTW, 2410.17291



More generally, can consider the case scalar perturbation dominates (curvaton-like).

Larger signal, interesting spectral shape.

To treat this properly, much care is needed, numerically challenging.

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